



# IQRA VA PRIMARY SCHOOL

Headteacher: Humaira Saleem

“Training in this world and the Hereafter”

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Dear Parents,

## RE: Advice to All Parents – Single Positive case

السلام عليكم ورحمة الله وبركاته

I pray you are in the best of health and *iman*.

Iqra had a confirmed case of Covid-19 case from a member of staff. The children and adults who have been in close contact with the individual who has tested positive for coronavirus (COVID-19) have received a letter informing them that their child must stay at home for 14 days.

In addition, we have a member of staff who has been in close contact with a confirmed case outside of the school as a result of which the member of staff is self-isolating. This requires no further action from within the school.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school remains open and your child should continue to attend as normal if they remain well.

We would like to reassure all our valued parents that the safety of our children and staff at Iqra is our primary concern. We continue to implement our risk-assessment measures rigorously. We are doing all we can do, to continue to provide quality education whilst ensuring the safety and well-being of our community. We continue to make *dua* to Allah (swt) to keep us all safe and thank Allah for all His blessings.

We monitor news and the health of our staff and children very closely and are in close contact with the Lambeth and Public Health Service whom we take guidance from in all decisions that we are making.

Also, we have robust measures in place to provide on-line learning for the children who are impacted by Covid-19.

Could we please remind all parents and carers to help keep everyone safe around them by maintaining a 2m distance at the start and end of the school day when they are at the school gates.

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by



calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your ‘Support Bubble’.

Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection> The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

## Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child’s symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19



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Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Humaira Saleem

Head teacher